

PRE-CARE INSTRUCTIONS

PERMANENT MAKE-UP **by Michelle**

1230 SW 89th Suite E ★ Oklahoma City, OK 73139 ★ 405-691-9992
Michelle Keith, R.N.

STOP!

All aspirin and other medicines that “thin” the blood (anti-arthritis) for two weeks before the procedure.

CHECK WITH YOUR DOCTOR FIRST!

Apply A & D Ointment
To lips 1 week prior
To the procedure.

FEVER BLISTERS

If you have ever had a fever blister, cold sores, (not inside your mouth) you will need to take medication before and throughout your healing process. A prescription for Famvir will begin 7 days before the procedure and will continue for a total of seven days after.

L-Lysine has also been proven to be effective in controlling the virus that causes fever blisters. Take 500 mg every 3 hours beginning 3 days before appointment and continue for 7 days after procedure

PLEASE PURCHASE A BOTTLE OF EYEWASH AND BRING TO THE EYELINER PROCEDURE.

PLEASE TAP YOUR OINTMENT ON ALL PROCEDURES, DO NOT RUB YOUR OINTMENT ON OR USE ANY BACK AND FORTH MOTION. THIS WILL CAUSE PIGMENT TO LOOSEN BEFORE IT IS HEALED.

IF YOU TAKE THE VALIUM, THEN YOU MUST HAVE SOMEONE DRIVE YOU HOME

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Products that you need to purchase before the procedure

Brows: Keep antibiotic ointment on brows for 5 to 7 days

- 1) **Antibiotic Ointment**
- 2) **Q-tips** to apply the ointment

Eyes: Keep antibiotic ointment on eyes for 5 to 7 days and flush the eyes with your eyewash twice the day of the procedure and twice the day after the procedure

- 1) **Eye Wash**
- 2) **Antibiotic Ointment**
- 3) **Q-tips** to apply the ointment

Lips: Keep antibiotic ointment on your lips for four weeks, starting the day of the Procedure.

- 1) **A and D ointment** on lips for 1 week prior to procedure
- 2) **Antibiotic Ointment**
- 3) **Q-tips** to apply the ointment
- 4) **Straws**
- 5) Drink all liquids through a straw the first week
- 6) Prescription for **Famvir** antiviral medication (for cold sores)
- 7) Cut your food into small bites the first week

Remember if you decide to take the Valium, you will need a ride home.